

Please donate online at www.helpinghandsuganda.org

Etransfer: helpinghandsuganda75@gmail.com

Give us cash.

Send us a cheque in the mail

Our Contact Address

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Every donation is greatly appreciated.

It makes a big difference to a child

Tax receipts will be provided for donations of \$20 and over



Helping Hands Uganda-Canada Aid

A Toronto-based charity supporting underprivileged children in Eastern Uganda.

The project is staffed entirely by volunteers, to ensure that at least 80% of funds raised go directly towards sponsorship.

Canadian registered charity no: 847107950RR0001



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Support to children covers:

1. School expenses

This includes school fees, a uniform, shoes, and school supplies.

2. Medical expenses

Local doctors treat the children and the medical bill is sent directly to the charity

3. Basic necessities of life

- Food support - We distribute food in times of price inflation
- Solar lamps project. Our families live in remote villages without electricity. They use kerosene lamps for lighting. We are working to buy and distribute Solar lamps for the entire villages where the sponsored families live. This will help replace the dangerous kerosene lanterns with clean energy solar lamps.

4. Income generating projects

- Sponsored children used to receive a pair of goats to breed. When the goats reproduced and multiplied in numbers, they could trade them for a cow; Milk from either goats or a cow supplemented children's nutrition and was partly sold for income. (This program is on hold due to limited funding)

Ways to Help

1. Help spread the word!

In order to fulfill our mandate of spending less than 20% of funds on overhead costs, we rarely pay for fundraising. This means that we rely on word-of-mouth and other free fundraising options to reach potential donors. You can help us immensely just by mentioning us to your friends.

2. Donate goods

We need clothes, shoes, school supplies, and solar lamps

3. Organize a fundraiser for HHU

Some fundraising ideas include: host a bingo night, BBQ party, or garage sale with friends, or come up with your own creative fundraising idea!"

4. Donate Money

- One-time donation: Any amount
- Give a child a future by becoming a sponsor: \$50/month
- Send a child to school in a brand-new uniform: \$20 one-time donation
- Buy a goat for a family: \$85
- Buy a solar lamp: \$60
- Support us by buying our merchandize online at: Etsy – HelpingHandsUganda
Website - www.helpinghandsuganda.org

5. Donate Services

Give the greatest gift by volunteering your time and skills! Volunteers are the backbone of our charity, allowing donated funds to directly benefit children

Contact us if you are an expert in the following areas:

- Website maintenance
- Online fundraising
- Blogging
- Proposal writing